

# Registration Form

(complete form below or go to:  
www.bb5krun.com)

Team Name (if applicable): \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State \_\_\_\_\_ Zip: \_\_\_\_\_

Cellphone #: \_\_\_\_\_

Email: \_\_\_\_\_

I am a Survivor

**T-Shirt Size (please circle one):**

(T-shirts not guaranteed if registration is received after April 15th)

**Adult T-Shirt:** S M L XL XXL

**Youth T-Shirt:** S M

Please sign me up to Volunteer

Flat Donation: \$ \_\_\_\_\_

**Please make check payable to:**  
"Bethany Beach Charities"

**Mail Registration Form & payment to:**  
Bethany Area Realty, LLC  
778 Garfield Parkway  
Bethany Beach, DE 19930

## WAIVER OF LIABILITY



By indicating your acceptance, you understand, agree, warrant and covenant as follows: I know that participating in the Bethany 5K/3K is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk, however, I also acknowledge that race officials are not responsible to know my medical condition or my ability to participate at these events. I assume all risks associated with participating in the Bethany 5K/3K and/or the including, but not limited to falls; contact with other participants, volunteers and spectators; the effects of the weather, including high heat and/or humidity as well as cold temperatures; traffic and the conditions of the road; and holes and obstructions along the route, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself, and anyone entitled to act in my behalf, waive release and hold harmless any and all race directors, officials, volunteers and sponsors, including but not limited to the Town of Bethany Beach, and their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Participant's Signature: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_

Dated: \_\_\_\_\_, 2018



**SATURDAY,  
MAY 11TH @ 9AM  
BETHANY BANDSTAND**

**Sign up or get more  
information at:  
BB5KRUN.COM OR CALL: 302-537-9700**

**Bethany Beach  
Breast Cancer**  
FUN / RUN WALK

*Raising money to help those fighting breast  
cancer and promoting a local support system  
for the community, family and friends.*

# Schedule

## Friday, May 10<sup>TH</sup>

Packet Pick-up: 1:00 - 6:00 pm  
at Bethany Area Realty,  
778 Garfield Parkway

## Saturday, May 11<sup>TH</sup>

Packet Pick-up, 7:00 - 8:30 am  
at the Bethany Beach Band-  
stand

Stretching: 8:45 am  
Announcements: 8:50 am  
Race Start: 9:00 am

At the completion of the race, a post-  
event celebration will take place where  
healthy snacks will be provided along with  
music.

## Friday & Saturday

“Happy Hour” at Cicolo Sushi (next door to  
Bethany Area Realty) from 4 :30 – 6 :00 pm!

Captain Jack’s Mini Golf  
\$1.00 off ALL weekend  
Happy Hour Prizes Fri & Sat

You MUST BRING YOUR BIB# for discounts!

## Sponsor:



# Welcome

Please join us on our annual 5K  
Run/3K Walk on Saturday, **May 11, 2019**

(Rain or Shine). This year’s theme is:



**NEW YORK, NEW YORK:**  
**Take a bite out of cancer!**

This year’s race is being dedicated to  
Liz Burke, a native New Yorker. Liz was  
one of the founding members of the race  
and long-time Bethany Beach resident  
who fought the valiant fight long and hard  
and died this past year.

**This is an untimed event.** We are a  
**grass roots, low tech, low key, no frills  
organization—we are about the cause,  
not the swag!** So dress in your favorite  
New York costume or style...dress as a  
Yankee or Met, Giant or Jet, Ranger or  
Knick...or as the Statue of Liberty, a mem-  
ber of the NYPD or NYFD, a cabbie or a  
Rockette...Frank Sinatra, a hot dog or  
piece of pizza.

Bring your friends and family and enjoy  
a wonderful event in beautiful Bethany  
Beach. You can even bring your 4-legged  
leashed friends. The more the merrier.  
There will be **prizes for the most spirited  
costumes** in the following categories:  
Team, Individual, Stroller, Wheelchair and  
Dog (must be on a leash).

# Registration

**Cost:** \$25 for adults  
\$15 for children 10 and under

**FREE T-shirts are guaranteed for all pre-  
registrants prior to April 19th.**

## Online:

Pre-registration can be done online prior  
to May 5th. Go to: [www.bb5krun.com](http://www.bb5krun.com)

## By Mail:

Mail Registration Form with payment to:  
Bethany Area Realty, LLC  
778 Garfield Parkway  
Bethany Beach, DE 19930

**Please make check payable to:**  
“Bethany Beach Charities”

## May 11th (Day of Event):

7:00 a.m., at sign-up table

## Pre-Registration Closes May 6, 2018.

(T-shirts not guaranteed if registration is  
received after April 19th.)

## Donation Recipient:

