

Registration Form

(complete form below or go to:
WWW.BB5KRUN.COM)

Team Name (if applicable): _____

Name: _____

Address: _____

State _____ Zip: _____

Cellphone #: _____

Email: _____

I am a Survivor

T-Shirt Size (please circle one):

(T-shirts not guaranteed if registration is received after April 19th)

Adult T-Shirt: S M L XL XXL

Youth T-Shirt: S M

Please sign me up to Volunteer

Flat Donation: \$ _____

Please make check payable to:
"Bethany Beach Charities"

Mail Registration Form & payment to:
Bethany Area Realty, LLC
778 Garfield Parkway
Bethany Beach, DE 19930

WAIVER OF LIABILITY

By indicating your acceptance, you understand, agree, warrant and covenant as follows: I know that participating in the Bethany 5K/3K is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk, however, I also acknowledge that race officials are not responsible to know my medical condition or my ability to participate at these events. I assume all risks associated with participating in the Bethany 5K/3K and/or the including, but not limited to falls; contact with other participants, volunteers and spectators; the effects of the weather, including high heat and/or humidity as well as cold temperatures; traffic and the conditions of the road; and holes and obstructions along the route, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself, and anyone entitled to act in my behalf, waive release and hold harmless any and all race directors, officials, volunteers and sponsors, including but not limited to the Town of Bethany Beach, and their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Participant's Signature: _____

Guardian's Signature: _____

Dated: _____, 2019



**SATURDAY,
MAY 11TH @ 9AM
BETHANY BANDSTAND**

Sign up or get more
information at:
BB5KRUN.COM OR CALL: 302-537-9700

**Bethany Beach
Breast Cancer**
FUN / RUN WALK

*Raising money to help those fighting breast
cancer and promoting a local support system
for the community, family and friends.*

Schedule

Friday, May 10TH

Packet Pick-up: 1:00 - 6:00 pm
at Bethany Area Realty,
778 Garfield Parkway

Saturday, May 11TH

Packet Pick-up, 7:00 - 8:30 am
at the Bethany Beach Band-
stand

Stretching: 8:45 am
Announcements: 8:50 am
Race Start: 9:00 am

At the completion of the race, a post-
event celebration will take place where
healthy snacks will be provided along with
music.

Friday & Saturday

“Happy Hour” at Cicolo Sushi (next door to
Bethany Area Realty) from 4 :30 – 6 :00 pm!

Captain Jack’s Mini Golf
\$1.00 off ALL weekend
Happy Hour Prizes Fri & Sat

You MUST BRING YOUR BIB# for discounts!

Sponsor:



Welcome

Please join us on our annual 5K
Run/3K Walk on Saturday, **May 11, 2019**






(Rain or Shine). This year’s theme is:



NEW YORK, NEW YORK:
Take a bite out of cancer!

This is an untimed event. We are a
grass roots, low tech, low key, no frills
organization—we are about the cause,
not the swag! So dress in your favorite
New York costume or style...dress as a
Yankee or Met, Giant or Jet, Ranger or
Knick...or as the Statue of Liberty, a mem-
ber of the NYPD or NYFD, a cabbie or a
Rockette...Frank Sinatra, a hot dog or
piece of pizza.

Bring your friends and family and enjoy
a wonderful event in beautiful Bethany
Beach. You can even bring your 4-legged
leashed friends. The more the merrier.
There will be **prizes for the most spirited**
costumes in the following categories:

-  Team
-  Individual
-  Stroller
-  Wheelchair
-  Dog

Registration

Cost: \$25 for adults
\$15 for children 10 and under

FREE T-shirts are guaranteed for all pre-
registrants prior to April 19th.

Online:

Pre-registration can be done online prior
to May 5th. Go to: www.bb5krun.com

By Mail:

Mail Registration Form with payment to:
Bethany Area Realty, LLC
778 Garfield Parkway
Bethany Beach, DE 19930

Please make check payable to:
“Bethany Beach Charities”

May 11th (Day of Event):

7:00 a.m., at sign-up table

Pre-Registration Closes May 5, 2019.

(T-shirts not guaranteed if registration is
received after April 19th.)

Donation Recipient:

